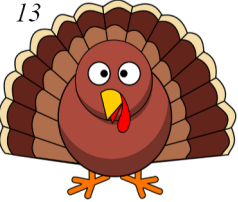


October 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 F/V Grapes G Letter pretzels P D	2 F/V Apples G Letter Pretzels P D	3 F/V oranges G Ritz crackers P D	4 F/V Oranges G-Ritz Crackers P D	5
6	7 F/V Broccoli G Naan triangles P D Ranch Dips	8 F/V Broccoli G Naan Triangles P D Ranch Dips	9 F/V Dried Mango G rice crackers P D	10 F/V Dried Mango G rice Crackers P D	11 F/V Fruit salad G Graham Wafer P D	
13 	14 Closed	15 F/V Pears G Triscuits P D Cream Cheese	16 F/V Pears G triscuits P D Cream cheese	17 Murphy's farm F/V Cucumbers G Beet root Crackers P D	18 Murphy's farm F/V Cucumbers G Beet root crackers P D	
20	21 F/V G Saltine Crackers P Chicken with rice Soup D	22 F/V G Saltine Crackers P Chicken with rice Soup D	23 picture day F/V apples G arrowroot cookies P D	24 Picture day F/V apples G arrowroot cookies P D	25 F/V Pears G Toast P D	
27	28 F/V Pineapple G Bread sticks P D	29 F/V Pineapple G Breadsticks P D	30 F/V bananas G Muffins P D	31 F/V Bananas G Muffins P D		
<p>Milk and water is served with each snack. F-fruit serving P-protein or meat alternative serving V- vegetable serving D -dairy serving G-grain serving Rice Milk Available</p>						