


Milk and water is served with each snack.
 F-fruit serving P-protein or meat alter-
 native serving
 V- vegetable serving D -dairy serving
 G-grain serving Rice Milk Available

January 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
	Closed					
6	7 F Apples V- G- Melba Toast P- D-Cheese Cubes	8 F Apples V- G- Melba Toast P- D Cheese Cubes	9 F Grapes V- G- Graham wafers P- D	10 F Grapes V- G- Graham Wafers P- D	11 F V- Cucumbers G- Pretzels P- D	12
13	14 F Melon V- G- Rice Cakes P- D	15 F Melon V- G- Rice Cakes P- D	16 F V- Snap Peas G-Naan bread P-Hummus D	17 F V-Snap peas G- Naan Bread P-Hummus D	18 F Pears V-Avocado Chocolate dip G- Bread sticks P- D	19
	21 F Pineapple V- G- Animal Crackers P- D	22 F Pineapple V- G- Animal Crackers P- D	23 F Bananas V- G- Muffins P-	24 F Bananas V- G- Muffins P-	25 F Smoothie drinks V- G- Triscuits P- D	26
27	28 F Oranges V- G- Popcorn P- D	29 F Oranges V- G- Popcorn P- D	30 F V- G- Cheerios P- D Milk	31 F V- G- Cheerios P- D Milk	